

In both hampers, you'll find the following:

- **Organic Extra Virgin Olive Oil from the Agrosì farm.** 100% local Italian cold-pressed oil. This superior category olive oil is obtained directly from olives and solely by mechanical means. One 250ml bottle
- **Organic legumes.** Legumes used to be disparaged as 'poor man's meat'. But nothing about these goodness-rich vegetables could be called 'poor'. Grown on the **Corrado Losavio** farm, at this time of year there are two types: white and black chickpeas, both heritage varieties. Rich in vitamins, protein, fiber and, in the case of the black chickpeas, also iron. One 400g cloth bag of chickpeas.
- The **aged pecorino cheese** produced by the small artisan dairy **Sciacuddri**, is made from the milk of their 130 sheep that graze every day in their organically-tended pastures. One wheel of approximately 300g.
- **Honey** from the **Terrarossa** social cooperative. This spring wildflower honey is extracted from the hives of bees in the protected areas of the Costa Otranto Regional Natural Park - Santa Maria di Leuca and the Bosco di Tricase. One 100ml container.
- The **Bosco Diffuso planting kit** from the **InnovAction** cooperative is inspirational both for kids and for adults. The kit contains a fully compostable container of naturally fertilized compost from the worm-composting plant of Melpignano (the first place in Italy to bring together composting and worm-composting), and seeds from the Corrado Losavio farm, plus full instructions on planting and caring for your plants.

Wooden presentation box (if ordered). This elegant handcrafted presentation box is made from poplar wood and cork. Designed and realized by two local master craftsmen, **Arturo Gaetani** and **Andrea De Simeis**, is not just a complement to the products but will continue to be treasured as a special container for teas, spices or whatever you fancy.

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